

# HEALTH AND WELLBEING THEMATIC GROUP

**Minutes of the last meeting held on the Wednesday 10<sup>th</sup> November 2010,  
9.30 – 11.30 at Digmoor Community Centre, Skelmersdale**

## **PRESENT:**

Mike Tasker	Commercial Safety Manager WLBC
Leigh Boyton	Local Resident
Puala Jones	SLC Physical Disability Partnership Board
Louisa Armitage Parkinson	Domestic Violence Coordinator
Eleanor Maddocks	West Lancashire Women's Refuge
Stephen Gough	Community Pharmacy Advisor
Joan Brindle	Moving on, Lancashire
Donna Studholme	Help direct manager
Jane Cass	Public Health Specialist, NHS Central Lancashire
Geraldine Moore	Age Concern
John Nelson	Head of Leisure Services
Dave Tilleray (Chair)	Exec Manager Community Services, WLBC
Nikki Hennessy	NHS Central Lancashire
Elaine Downey	Stop Smoking Service, NHS Central Lancashire.
Charlotte Watkinson	SCIFI & CVS
Mark Snaylam	Serco Leisure
Kim Tkacuk	Learning Disabilities Team, LCC
Gillian Whitfield	Planning Department, WLBC

## **Apologies**

Cllr Andrew Fowler	West Lancashire Borough Councillor.
Jeremy Scholey	NHS Central Lancashire
Jennifer Holmes	
Debbie Young	Health Education Officer, WLBC
Kate Ainscough	Infant Feeding Team, Ormskirk Hospital
Paul Greenwood	Sporting Edge, Edge Hill University
Gina Moran	Skelmersdale & Ormskirk College
Amy Dunne	NHS Central Lancashire
Greg Mitten	West Lancs CVS
Deirdre Mitten	SCFI
Margaret Williams	Special Care & Community Dentistry – NHS Central Lancashire
Steve Kent	West Lancashire Borough Council

**1. Welcome and introductions.**

In the absence of Councillor Fowler, Dave Tilleray agreed to chair the meeting. The Chair welcomed members and particularly Stephen Gough and introductions were made around the table.

**2. Apologies.**

Apologies were noted (See above).

**3. Minutes from the Last Meeting**

Puala Jones corrected the spelling of her name.

Item 5.4 – The lead for the Workforce Health section of the action plan should be Nikki Hennessy and Donna Studholme is the lead for the Mental Health section. JC to alter the Action Plan leads

Apart from these changes the minutes were accepted as a true record.

**4. Progress on Action Plan**

Copies of the current action plan were circulated and group members were asked to provide an update on progress on the relevant sections.

**Move & Eat Well**

Donna provided a progress update on the collection of information for the Directory. A link will be emailed for onward circulation to the group. DS to provide link to the directory for onward distribution.

**Outdoor Gyms**

John Nelson provided an update on the current progress with the outdoor gyms. 3 sites have been identified. The specification has been out to tender and 9 submissions have been received. From these a provider has been identified proposing a costing of £47k for 3 sites. This was significantly less than originally anticipated. The first of the new outdoor gyms will be available in early Jan / Feb. Following this a press release will be drafted in early spring 2011.

**Mental Health**

DS informed the group that the research demographics exercise for West Lancashire and the asset mapping and building community resilience is near to completion.

The use of postcode information to map the population of Lancashire Care Trust has produced some interesting results highlighting some of the rural communities as the greatest users.

Brookside development – the second group meeting will be held on 15<sup>th</sup> November to discuss Health and Wellbeing issues for the project. The development is due to be opened in January 2012.

**Workplace Health**

Andrea Smith has attended business forum to discuss Health Works

Award and to encourage more businesses including smaller businesses to take part in the award scheme. This received a good reception. To further publicise the award, Mike will set up a meeting with Andrea to incorporate the award in the inspection to encourage businesses to take up award.

Mike Tasker to meet with Andrea Smith.

NH informed the group that Andrea will be the only part time post to deliver the award across Central Lancashire in the new PCT structure. The Healthy Lifestyle service is also available to support the Health Works Award.

JN informed the group that Rebecca Christopher is available to support the award scheme from WLBC and Mark informed the group that corporate packages are available for businesses to encourage physical activity. This information can be included in the inspection.

JC clarified that as Andrea Smith does not attend the Health and Wellbeing thematic group another member of the group should feedback the developments of the task and finish group. NH agreed to provide this information.

NH to feedback to the group on behalf of the Workplace group.

### **Risk Taking Behaviour**

Elaine informed the group that Brief Intervention training will be held on 21 November and 15 February however only a limited number of people have booked on the group.

Elaine to circulate information on Brief Intervention training.

A pilot on e learning for Brief Intervention is currently being produced. This is in the process of being put onto the website.

The Stop Smoking Service is supporting building staff at the new Skelmersdale and Ormskirk college to stop smoking.

Recent smoking prevalence statistics have stated that West Lancashire has 17.5% prevalence. This is the lowest in the North West and a significant improvement on the previous smoking prevalence of 27%.

## **5. Structural Changes within the NHS**

JC provided an update on the current changes within the NHS based on the recently published white paper. JC stressed that there are many unanswered questions and it is anticipated that the Public Health White paper due for release in December should provide some clarity on the health improvement functions.

JC to send presentation

ED stressed greater alignment with most local community services within the Integrated Care Organisation and a new trust called Southport & Ormskirk NHS Trust will be formed.

Question were raised in response to the presentation regarding the current position of GP consortia and the concern that some of the 'softer services' may not be commissioned. Stephen Gough stressed that the patient voice should not be underestimated.

What Health Improvement functions will be transferred to Local Authority? At this stage it is not clear however, the White paper does

indicate that services such as smoking and healthy eating may be transferred.

Concerns were raised regarding the commissioning of Health Trainers. It was confirmed that the funding is no longer available for Health Trainers in Central Lancashire.

Questions around cost savings were raised however this has not been defined at this stage.

## **6. Pharmaceutical Needs Assessment**

SG gave an update on the Pharmaceutical Needs Assessment and invited comments and views on pharmacy services in West Lancashire.

SG to provide presentation electronically and circulate to the group.

SG circulated an executive summary and explained the historical changes for Community Pharmacies and the additional services that are now provided through enhanced services that respond to local needs.

Statutory obligation for every PCT to undertake a Pharmacy Needs Assessment to establish the local needs and this must be published by Feb 2011. This will follow a consultation process with local partners and stakeholders and will consider all pharmacy services not just community services.

The Pharmacy Needs Assessment (PNA) is not a Health Needs Assessment. This has been addressed by the PCTs Commissioning Strategic Plan. The PNA has been aligned to the PCT priorities within the Commissioning Strategic Plan with the current commissioned pharmacy services and the services that are not currently commissioned but could be commissioned.

The PCT is now undertaking a 60 day consultation exercise.

SG stressed that although the services could be commissioned from Community Pharmacies, it may not be the most cost effective way of doing it and consideration should be given to this.

GPs, pharmacists and patients have been consulted to gain information on the services that they would like to see commissioned and those which are valued the most. 76% of patients have visited Pharmacists more than once per month of which 78% obtained medicines, 48% used minor ailments scheme and 5% used emergency hormonal contraception.

Patients have stressed that they want to access minor ailments scheme and obtain Gluten Free foods directly from their community pharmacy.

Focus on access to services e.g. opening hours, transport links, adequacy of service provision (what is already available from other services) and if patients have a choice of service.

Identified some inequalities in the services commissioned from an initial mapping exercise.

SG invited comments regarding whether the needs have been

accurately identified.

DT thanked SG for his presentation and stressed the difficulty in responding to the question of whether the services accurately captured the local needs.

It is envisaged that these needs assessments will become the responsibility of LAs in the new NHS.

DT asked if the reason why patients don't use services at pharmacy is because they don't know about the services available.

SG stressed that there is some scope for pharmacies to promote some of the actions / services outlined in the Health & Wellbeing action plan. NH stated that the weight management Brief Intervention training will include information on services to be signposted to. NH anticipated that some community pharmacists will attend the training.

Community consultation events will be held across Central Lancashire with one to be held in Digmoor 11<sup>th</sup> November.

SG will send a link to the document to JC for distribution to the group.

SG to send link to JC for distribution to the group.

DT gave a positive response and stressed that the transparent process was commendable.

JC to send the questionnaire link to the group.

JC to send questionnaire link.

## 7. **Partners Update**

### **3<sup>rd</sup> CVS Rural Roadshow**

JC circulated information on the roadshow and encouraged members to attend.

### **Mouth Cancer Awareness Month**

JC circulated information on Mouth Cancer Awareness Month on behalf of the dental team and circulated blue ribbons to support the campaign.

### **NW Forum on Ageing.**

JC circulated information on the NW forum on ageing.

Nikki Hennessy reported on recent achievements with Skelmersdale Sea Cadets. A bid for healthy eating and a cook stewards course has been successful. Although the bid was for £6,500, the cadets have been awarded £4,100.

Mike Tasker informed the thematic group that the Health Promotion Annual Report is now available on the WLBC website. This has also been circulated to the group.

MT reported that Debbie Young has provided about 100 talks to schools on healthy eating and hand washing.

European Week of H & S – Theme is maintenance. Lack of maintenance results in health & safety issues. A press release to raise awareness will be issued and during inspections in next 12 months,

officers will be talking to businesses about this. Approx 260 inspections to be undertaken over the next 12 months. For further information contact MT.

Donna Studholme informed the thematic group that Help Direct is now 2 years old. Last month they commissioned their 1<sup>st</sup> social enterprise which is a gardening service and have had excellent feedback.

DS reported that they now link with Veggies to grow. This provides made to measure pots for growing your own veggies and herbs. Excellent way to promote healthy eating. Help Direct have invested funds into this organisation and it is linked to the Community Food Growing project.

Help Direct have seen an increase in business and although West Lancashire has smallest team they are performing the best.

Involved in ABCD with Greg at CVS and for Preston.

Outreach Plus – Targeting rural areas of West Lancashire to ensure that all have access to service. This may lead to the development of more timebanks.

#### **Age Concern.**

Age Concern has been awarded a big lottery research grant to look at wants and needs of local people. Focussing on West Lancashire especially Tanhouse and Digmaor. Survey has been completed by 1,000 people but need more commissioners and providers to complete the questionnaire.

Conference due to be held on Wednesday 23<sup>rd</sup> November linked to the research grant. Detail of the conference will be circulated.

Geraldine Moore to provide conference details.

The next advisory group will be held in West Lancashire and a reference group is required to drive the work in West Lancashire. Not sure if this should be older peoples partnership or Health & Well being thematic group.

Mark Snaylum informed the group that they have been awarded a £30k Disabled Children's Grant. This will be used to create adapted facilities at Nye Bevan.

John Nelson provided an update on the review of the childrens trusts. A small structured board has been developed at West Lancashire which replicates the County structure.

Childrens Trust has £130k funding but awaiting the decision on county priorities.

County have produced a draft children and young peoples action plan and are inviting responses to the consultation. Partners are asked to respond individually and a response will be made by the Childrens Trust as well. Lots of health issues detailed in the plan. The report will be available in Jan with final copy in Feb.

School Sports Partnership Funding - Funding for the schools sports

partnership post and the support post will be dramatically reduced next year. West Lancashire Borough Council is looking at ways to fund this. The Leisure Trust may be able to part fund this.

Blaguegate – this will be refurbished in the next 6 months due to open early next year.

Eleanor Maddocks advised the group that the Annual General Meeting will be held on 25<sup>th</sup> November at Skelmersdale Football Club. An invitation will be emailed to the group.

Eleanor Maddocks to provide AGM invitation.

Joan Brindle reported that Moving On is working with SCFI and Greg Mitten on ABCD. They have also agreed their first contract with West Lancashire GP consortia for social prescribing.

Leigh Boyton reported that the North West Ecological Trust may have allotment space. This will be picked up by the Community Food Growing Project group.

Gillian Whitfield reported to the group that the Local Development Framework, which was discussed at the Health and Wellbeing thematic group approximately 12 months ago has stalled due to government changes. It is now due for release in Spring 2011. Gillian will bring this back to a future meeting.

Louisa Armitage Parkinson informed the group of the Christmas Domestic Violence campaign. Louisa distributed DV posters to the group and informed the group that they are also available as PDF. For further copies of the posters contact Louisa directly by email at [Louisa.armitage-parkinson@westlancs.gov.uk](mailto:Louisa.armitage-parkinson@westlancs.gov.uk)

DV posters to be available from Louisa.

Louisa is also planning to organise some community based stands. LAP will contact partners directly.

NHS is coordinating a national campaign which will focus on domestic violence in run up to Christmas. LAP agreed to send the link.

Louisa to send link.

Louisa informed the group that she will provide training session on domestic violence, domestic violence awareness and the MARAC to organisations. Contact Louisa directly.

Puala Jones informed the group that Safe Traders have had their first anniversary.

A meeting will be held on 24<sup>th</sup> November with CVS re: support for people with disabilities who want to do voluntary work.

Puala will be presenting her journey at the 3<sup>rd</sup> transitional pathway and has attended a partnership meeting with David Burham which considered sustainable partnerships.

LDWP – Looking to develop a package and training for support for those working with people on self directed support packages.

Puala attended a talk on hate crime. Possibility of training session for those on disability partnership to act as conduit between police and

group.

3<sup>rd</sup> Pact meeting will be held on 10<sup>th</sup> December.

Charlotte provided an update on behalf of SCFI and stressed her disappointment on the status of Health Trainers and the implications for the services.

SCFI are delivering courses and drop in sessions and are holding a Food and Mood event on Tuesday 23<sup>rd</sup> November at the Concourse in Skelmersdale. This will focus on food that has a positive impact on mental health and links with exercise.

For CVS, Charlotte reported that the Healthy Network event will run in mid December. A date will be circulated once confirmed. The theme will be ABCD approaches in West Lancashire and Health inequalities. Charlotte to circulate date.

Charlotte confirmed that she will be taking over the health pages of website. Health information to be sent to Charlotte.

Kim Tkacuk represented the learning disabilities partnership and confirmed that they have altered their structure. Local forums still exist but have come together as a Central Lancashire Partnership Board to create a stronger voice.

The Health & Wellbeing task group have produced a delivery plan for health inequalities for people with learning disabilities and this is available from Kim. The mental health group sit under the health and wellbeing task group.

Department of Health requires a health assessment to be completed. The Strategic Health Authority is currently meeting to consider the assessment.

West Lancashire has a local forum which is still active in local issues and producing excellent outcomes. The lead for the local forum is funded until 2012 and this is an identified risk for the future.

Going through tender process for health inequality activity re: access and issues for those with complex needs. These are among the most disadvantaged group. This is approx 200 in West Lancashire.

Community LD teams are not going into new Integrated Care Organisation and will stay as a specialism outside of the arrangements. They have been undertaking partnership training and have developed a hospital passport to tell essential things about the patient. This will be implemented for other patients as the Acute trust value this. Kim to provide link to be circulated.

## **8. Date and Time of Next Meeting**

Wednesday 12<sup>th</sup> January 2011, 9.30 – 11.30

NHS Central Lancashire, Ormskirk Offices

### **Agenda Items for Next Meeting**

- Update on Public Health White Paper.
- Update on Weight Management
- Update on alcohol services and alcohol strategy



